

Juicy Hamburgers

- 2 pounds ground beef
- 1 egg, beaten
- 3/4 cup dry bread crumbs
- 3 Tablespoons cream or milk
- 2 Tablespoons Worcestershire sauce
- 2 Cloves minced garlic
- 1/8 teaspoon cayenne pepper



Preheat grill on high. Mix all ingredients together with your hands in a large bowl. Form into eight patties.

Grill five minutes per side, or until done.